

## BLUE TIPS (5th KUP) INFORMATION SHEET - BLUE TIPS GOING FOR BLUE BELT

**BLUE** - Signifies the heaven towards which the plant sprouts into a towering tree as training in TaeKwon do progresses

PATTERN	YUL GOK TUL
No of Movements	38
Diagram	
Ready Position	NARANI JUMBI SOGI

### MEANING OF PATTERN

YUL GOK is the pseudonym of the great philosopher and scholar Yi I (1536-1584AD), nicknamed the Confucius of Korea. The 38 movements refer to his birthplace on 38o latitude and the diagram represents the scholar.

### MOVEMENTS IN PATTERN

STEP	MOVE	FOOT	STANCE	TECHNIQUE
1	To L	Left	Annun	L hand focus jirugi makgi
2	-	-	Annun	Kaunde jirugi (R)
3	-	-	Annun	Kaunde jirugi (L)
4	L to R	Right	Annun	R hand focus jirugi makgi
5	-	-	Annun	Kaunde jirugi (L)
6	-	-	Annun	Kaunde jirugi (R)
7	L 45o	Right	R Gunnun	Kaunde an palmok makgi
8	Fwd	Left	-	Najunde ap cha busigi
9	Land in	-	L Gunnun	Kaunde jirugi
10	-	-	L Gunnun	Kaunde bandae jirugi
11	L 90o	Left	L Gunnun	Kaunde an palmok makgi
12	Fwd	Right	-	Najunde ap cha busigi
13	Land in	-	R Gunnun	Kaunde baro jirugi
14	-	-	R Gunnun	Kaunde bandae jirugi
15	R 45o	Right	R Gunnun	Nopunde baro golcho makgi
16	-	-	R Gunnun	Nopunde bandae golcho makgi
17	-	-	R Gunnun	Kaunde baro jirugi
18	Fwd	Left	L Gunnun	Nopunde baro golcho makgi
19	-	-	L Gunnun	Nopunde bandae golcho makgi
20	-	-	L Gunnun	Kaunde baro jirugi
21	Fwd	Right	R Gunnun	Kaunde baro jirugi
22	Fwd	Left	R Guburyo	Palmok daebi makgi
23	Fwd	Left	-	Kaunde yop cha jirugi
24	Land in	-	L Gunnun	Kaunde ap palkup taerigi
25	Dwiyo Torro	Right	L Guburyo	-
26	-	-	-	Kaunde yop cha jirugi
27	Land in	-	R Gunnun	Kaunde ap palkup taerigi
28	L 90o	Left	R Niunja	Sang sonkal makgi
29	Fwd	Right	R Gunnun	Kaunde son sonkut tulgi
30	R 180o	Right	L Niunja	Sang sonkal makgi
31	Fwd	Left	L Gunnun	Kaunde son sonkut tulgi
32	L 90o	Left	L Gunnun	Nopunde bakat palmok makgi
33	-	-	L Gunnun	Kaunde bandae jirugi
34	Fwd	Right	R Gunnun	Nopunde bakat palmok makgi
35	-	-	R Gunnun	Kaunde bandae jirugi
36	Jump fwd		Kyocho	Nopunde dung joomuk taerigi
37	R 270o	Right	R Gunnun	Nopunde doo palmok makgi
38	L 180o	R in L out	L Gunnun	Nopunde doo palmok makgi

END: Move right foot forward to Narani Jumbi Sogi